



# Catalyze Change

PENUMBRA EQUITY PROGRAMS







## About Penumbra

Honoring the emotional, physical, and spiritual power of Black cultural expression to advance racial healing.

The Penumbra Center for Racial Healing is a dynamic performing arts, wellness retreat, and learning center. We nurture ethical expressions of the human spirit to inspire creativity, enact justice, and build more compassionate communities.

## Our Equity Training Work

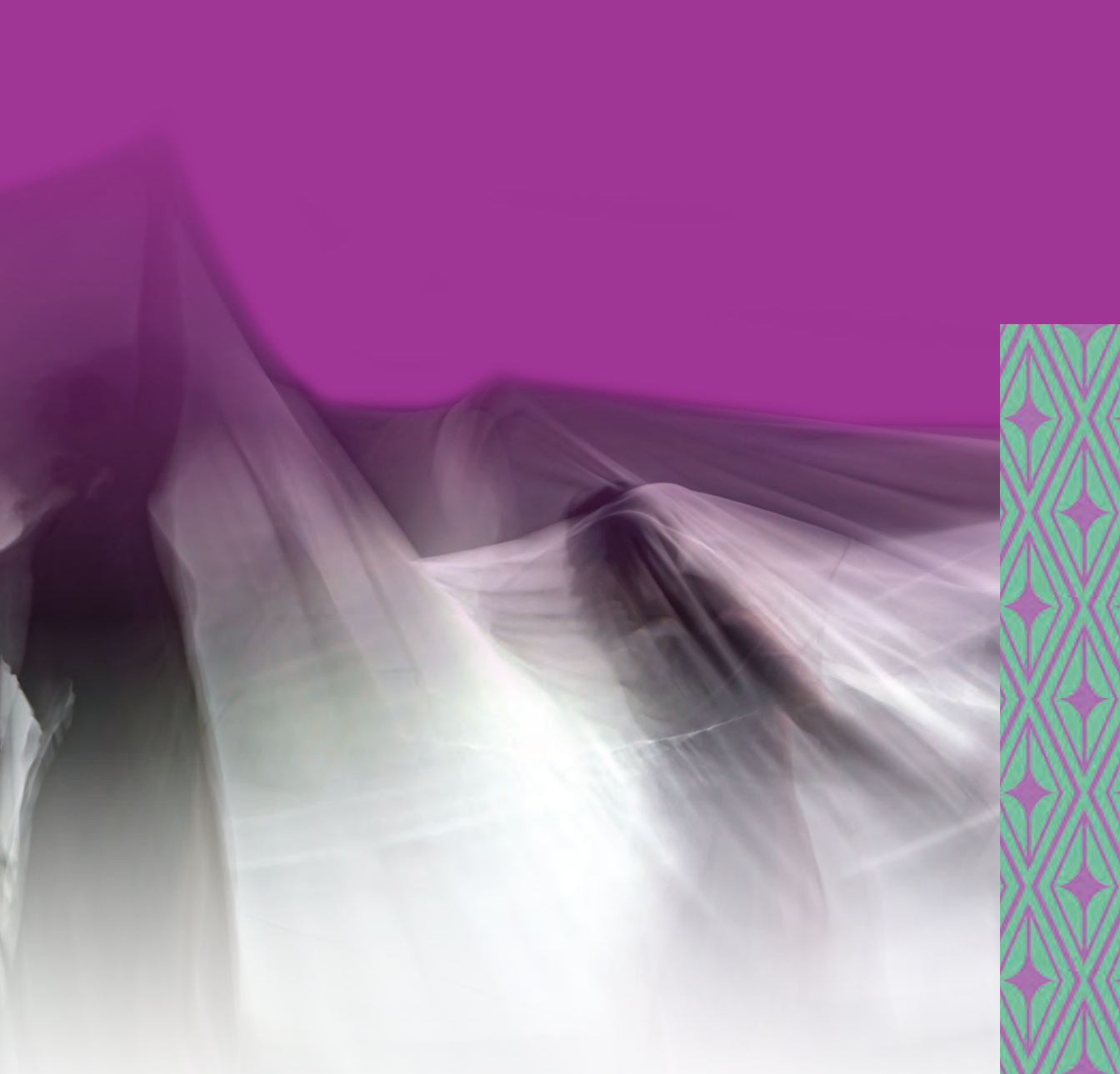
Penumbra has been on the leading edge of innovative and transformative solutions for equity work for over twenty years.

We offer a holistic, integrated approach to racial healing that supports discovery, belonging, and reciprocity, while offering practical tools to support organizational and communal wellbeing.

# What Makes Our Work Different?

Penumbra's equity work springs from theatre practices that traverse the psychology of human behavior.

Our trauma-informed trainers are constantly learning so that we can stay at the forefront of equity efforts. We use our expertise in theatre to create spaces where nuance and complexity can emerge, while still holding our collective focus on healing. Penumbra's embodied process sparks empathy through the power of personal testimony and story facilitated by seasoned artists. Our unique cultural grounding as a Black institution means that we center race as our primary lens, bringing deep historical and contemporary analysis to our equity work. Our signature curriculum helps clients explore the social, psychological, and physical consequences of various forms of racism, while custom wellness modalities help learners feel resilient at their growth-edge.



WHAT PEOPLE ARE SAYING

The entire discussion gave me so much to think about. It was personal and moving and encouraged self-examination in a productive way.”

# Why Train with Us?

Penumbra means partial shadow.

It is a phenomenon that happens when an astrological body casts a shadow during a partial eclipse.





Our name urges us to explore both the shadow and the light. Penumbra has the experience and expertise to facilitate courageous conversations while also offering clients hopeful, practical, and tactical solutions.





# Clients

Every year Penumbra trains a diverse array of organizations from nonprofits to corporations, from K-12 schools to faith communities. Clients include:

Nonprofits	Business and Corporations
Twin Cities Habitat for Humanity	3M
HealthPartners	Best Buy
New Jersey Child Support	Dorsey & Whitney LLP
Mid-Minnesota Legal Aid	Minnesota Association of Realtors
National Juvenile Defender Center	Minnesota Lawyers Mutual Insurance Company
Indiana Repertory Theatre	Target
Build Initiative	Brandlab
National Council of Juvenile and Family Court Judges	Meet Minneapolis Convention & Visitors Association
Schools and Universities	Government
University of Minnesota School of Medicine	Minnesota Department of Employment and Economic Development
Saint Paul Public Schools	Carver County
St. Olaf College	Minnesota Department of Human Services
Carleton College	Minnesota Department of Health
University of Wisconsin — Stout	Minnesota Department of Commerce
Indiana University — Bloomington	Hennepin County
St. Paul Academy and Summit School	MN Prairie County Alliance
Perpich Center for Arts Education	



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WHAT PEOPLE ARE SAYING

Our work with Penumbra has made a substantial impact on the diversity and inclusion initiatives at our school, moving us further along the continuum of understanding and respect among the many different backgrounds, perspectives, and experiences of everyone in our community.”

## Book Your Training

For more information, or to book an equity training workshop, visit us online at [penumbratheatre.org/equity](http://penumbratheatre.org/equity) or contact us at:

Phone: 651.224.3180

Email: [equity@penumbratheatre.org](mailto:equity@penumbratheatre.org)

Web: [penumbratheatre.org/equity](http://penumbratheatre.org/equity)

